about support contact bookshelf newsletter



tip jar

Brain Pickings remains ad-free and takes 450+ hours a month to curate and edit, between the site, the newsletter, and Twitter. If you find any joy and value in it, please consider a modest donation.



newsletter

Brain Pickings has a free weekly newsletter and people say It's cool. It comes out on Sundays and offers the week's best articles. Here's an example. Like? Sign up.

Name

Email



30 MAY, 2012

A Girl and Her Room: Portraits of Teenage Girls' Inner Worlds Through Their Bedroom Interiors

by Maria Popova

"I was discovering a person on the cusp on becoming an adult, but desperately holding on to the child she barely outgrew, a person on the edge between two worlds."

We've already seen the striking spectrum of where children sleep around the world and how a child's bedroom both reflects and reinforces society's gender norms. In **A Girl and Her Room**, photographer Rania Matar takes this direction of curiosity a step further and explores the inner lives of teenage girls through the interiors of their bedrooms. From upperclass



Search

mansions to displaced person camps to college dorm rooms, and just about every bedroom variety in between, Matar's tender yet powerful portraits capture the private spaces of these wildly diverse young souls — punk rockers, peace activist, valedictorians, teen moms, refugees, dog-lovers, cat-lovers.

Matar, herself the mother of a teenage daughter, focuses on the two worlds most familiar and formative to her own teenage years and young adulthood — America and the Middle East. She reflects on the project's process:



I was discovering a person on the cusp on becoming an adult, but desperately holding on to the child she barely outgrew, a person on the edge between two worlds, trying to come to terms with this transitional time in her life and adjust to the person she is turning into. Posters of rock stars, political leaders or top models were displayed above a bed covered with stuffed animals; mirrors were an important part of the room, a reflection of the girls' image to the world; personal

IF YOU DON'T LIKE YOUR JOB, QUIT. IF YOU DON'T HAVE ENOUGH TIME, STOP WATCHING TV. IF YOU ARE LOOKING FOR THE LOVE OF YOUR LIFE, STOP; THEY WILL BE WAITING FOR YOU WHEN YOU START DOING THINGS YOU LOVE. STOP OVER ANALYZING, ALL EMOTIONS ARE BEAUTIFUL. LIFE IS SIMPLE. EVERY LAST BITE. OPEN YOUR MIND, ARMS, AND HEART TO NEW THINGS AND PEOPLE, WE ARE UNITED IN OUR DIFFERENCES. ASK THE NEXT PERSON YOU SEE WHAT THEIR PASSION IS, AND SHARE YOUR INSPIRING DREAM WITH THEM. TRAVEL OFTEN; GETTING LOST WILL HELP YOU FIND YOURSELF. SOME OPPORTUNITIES ONLY COME ONCE, SEIZE THEM. LIFE IS ABOUT THE PEOPLE YOU MEET, AND THE THINGS YOU CREATE WITH THEM SO GO OUT AND START CREATING. IFE IS LIVE YOUR DREAM AND SHARE ORT. YOUR PASSION.

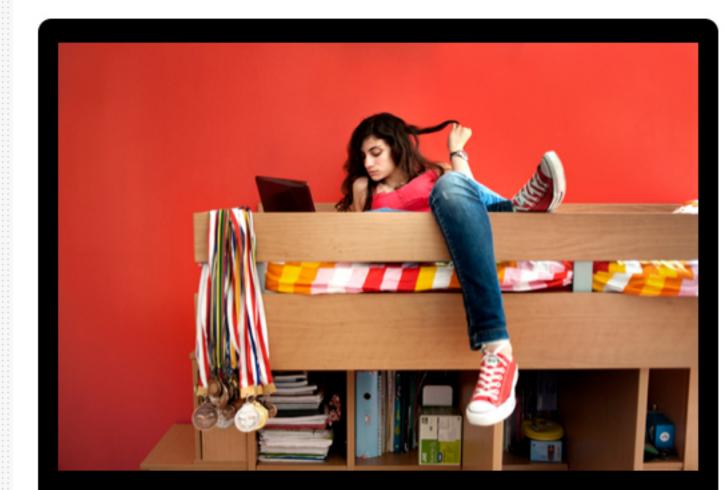
favorite pickings



How to Find Your Purpose and Do What You Love



objects, photos, clothes everywhere, chaotic jumbles of pink and black make-up and just stuff, seemed to give a sense of security and warmth to the room like a womb within the outside world.



Andrea, Beirut, Lebanon 2010 © Rania Matar | raniamatar.com



9 BOOKS TO HELP YOU READ MORE AND WRITE BETTER



7 MUST-READ BOOKS ON THE ART & SCIENCE OF HAPPINESS

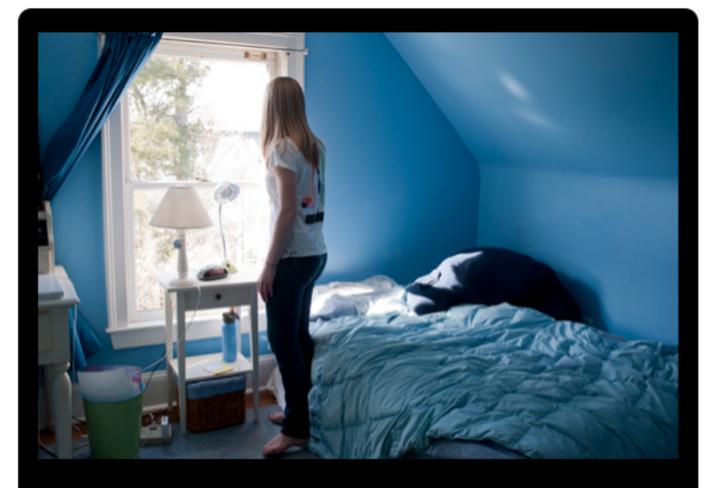


(ALMOST) EVERYTHING YOU NEED TO KNOW ABOUT CULTURE IN 10 BOOKS





10 TIPS ON WRITING FROM DAVID



Emma S, Cambridge, MA 2009 © Rania Matar | raniamatar.com



Jess, Jamaica Plain, MA 2010 © Rania Matar | raniamatar.com

OCILVY



7 ESSENTIAL BOOKS ON OPTIMISM



JOHN STEINBECK ON FALLING IN LOVE: A 1958 LETTER



Shannon 21, Boston MA, 2010



CREATIVE CARTOGRAPHY: 7 MUST-READ BOOKS ON MAPS



ISAAC ASIMOV ON SCIENCE AND CREATIVITY IN EDUCATION

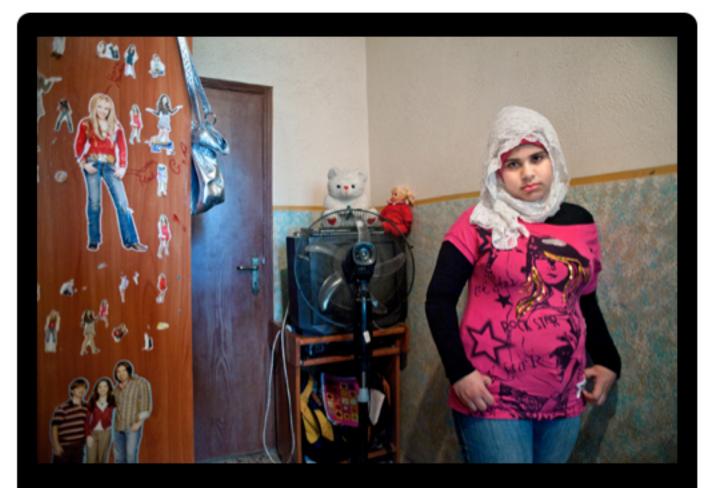


7 OBSCURE CHILDREN'S BOOKS BY FAMOUS AUTHORS OF ADULT LITERATURE

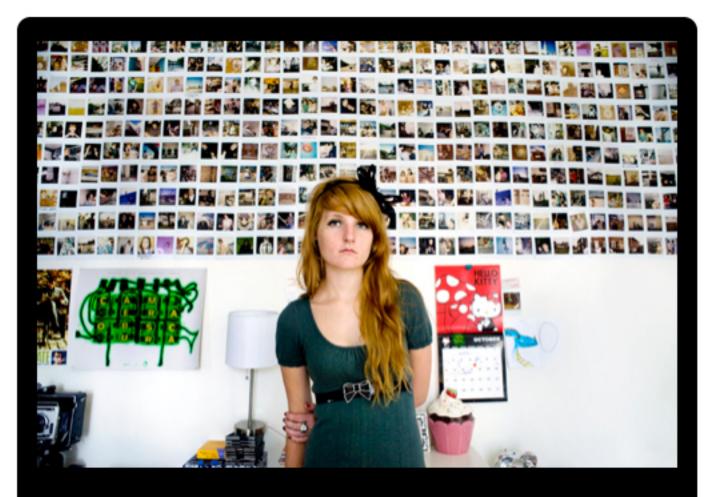


WHY WE LOVE: 5 BOOKS ON THE PSYCHOLOGY OF LOVE





Amal, Shatila Palestinian Refugee Camp, Beirut, Lebanon 2010 © Rania Matar | raniamatar.com



Ellice, Jamaica Plain, MA 2010 © Rania Matar | raniamatar.com

MAPPING EUROPEAN STEREOTYPES



7 MUST-READ BOOKS ON MUSIC, EMOTION & THE BRAIN

explore

activism advertising animation art bizarre books children's books cities

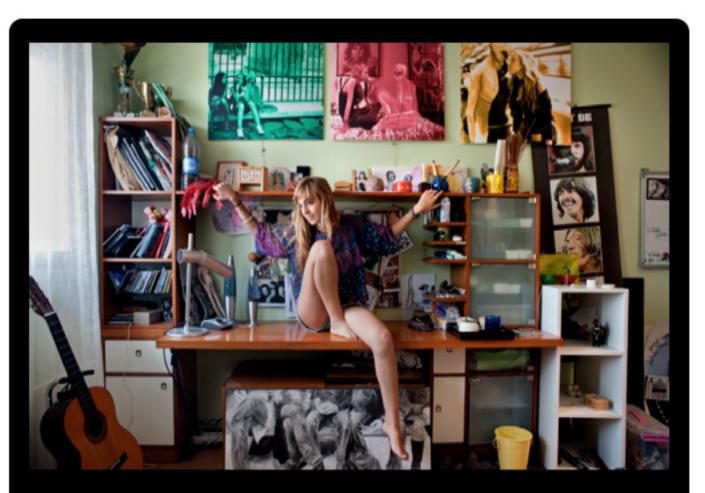


Zahra, Beirut, Lebanon 2010

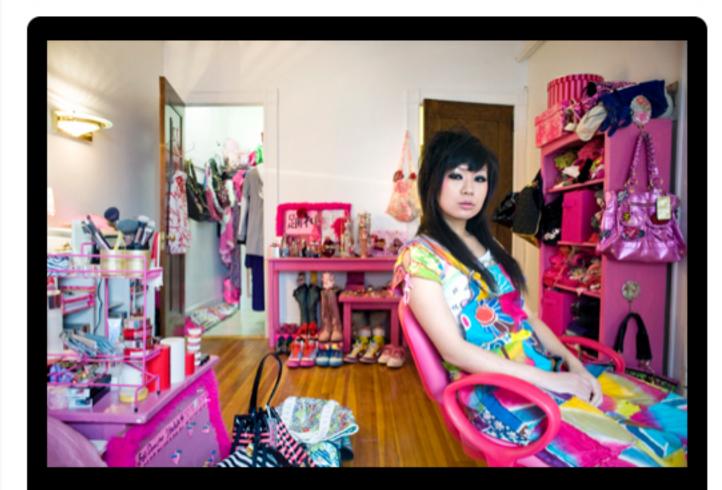
collaboration creativity culture data visualization design documentary education film food happiness health history humor illustration innovation interview knowledge literature maps media music neuroscience omnibus philosophy photography politics psychology remix SCIENCE social web software sustainability technology TED video vintage world

34700 readers

185k Followers twittercounter.com



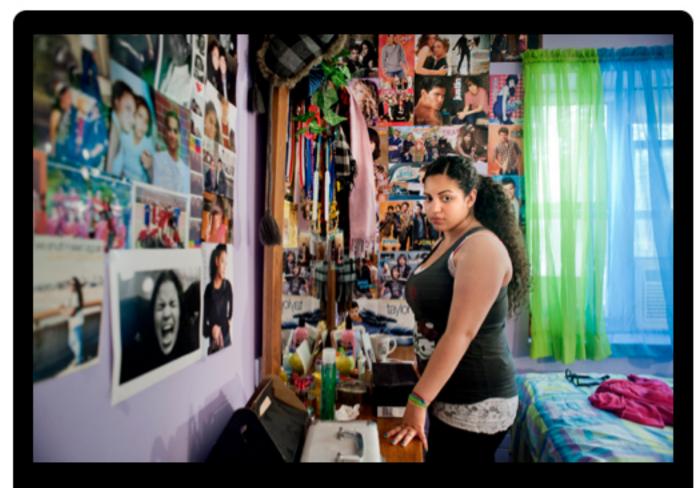
Dima, Beirut, Lebanon 2010 © Rania Matar | raniamatar.com



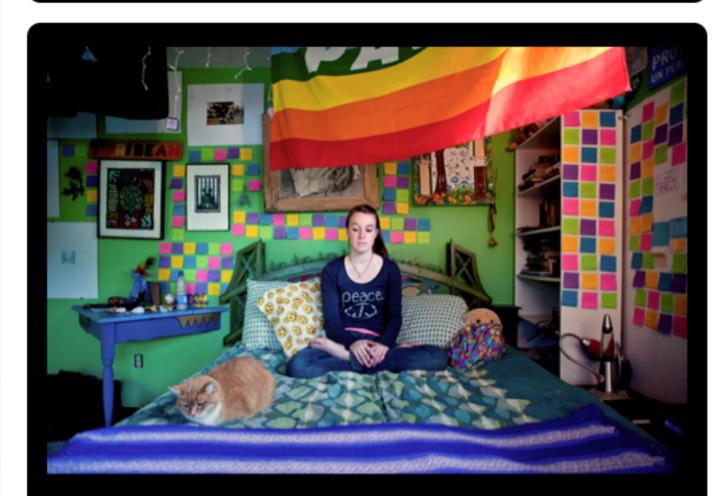
Ai, Boston, MA 2009 © Rania Matar | raniamatar.com



Shifa'a, Jerusalem, West Bank 2009



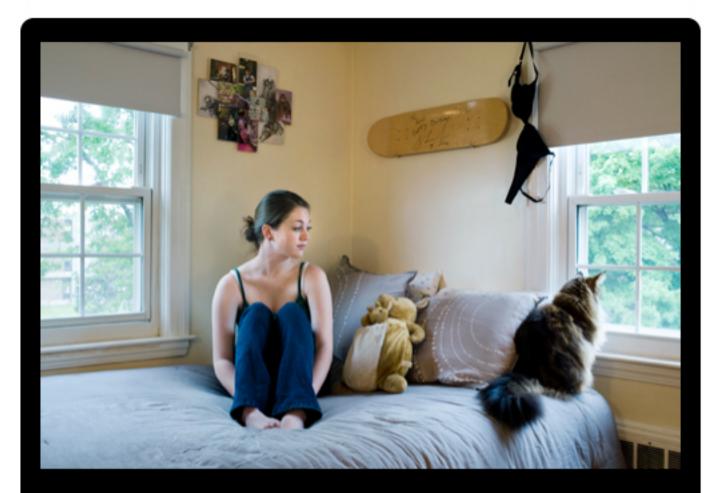
Georgina, Roxbury, MA 2010 © Rania Matar | raniamatar.com



Tori, Exeter, NH 2010 © Rania Matar | raniamatar.com



Hollie, Harrisville, RI 2010



Ariel, Winchester, MA 2009 © Rania Matar | raniamatar.com



Sarah 17, Shatila Palestinian Refugee Camp Beirut, 2010 © Rania Matar | raniamatar.com

Both visually stunning and culturally captivating, A Girl and Her Room offers a

rare vista into one piece of what it means to grow up as a girl and to metamorphose into a woman, with all her obsessions, convictions, and fascinations, prompting us to find the parallels and universals amidst the differences and contrasts.



Brain Pickings has a free weekly newsletter and people say it's cool. It comes out on Sundays and offers the week's best articles. Here's what to expect. Like? Sign up.

